



Thank you for your expressed interest in The School Of Irish Wrestling Seminars

National Stadium Dublin IRELAND

Friday April 26th 6pm to 9:30pm

Sat April 27th 12am to 6pm

Sunday April 28th 10am to 2pm

Over The Top Wrestling presents

Contenders 23

3pm to 6pm

Beginners seminar

This introduction covers basic movements, running the ropes, learning falls and executing basic pro wrestling moves and character development.

Advanced seminar

Movement, advanced selling, advanced wrestling psychology, match structure. Character development. Development of social media, Promos and more.

Some past attendees have gone on and worked OTT live events as well working shows abroad with connections made from these seminars.

Contenders 23

A select number of advanced attendees will be selected to perform on OTT Contenders, which takes place on April 27th. This Event will later be available at OTTonDemand.com

4pm to 6:30pm.

Select performers will gain an opportunity to wrestle Session Moth Martina, OTT Champion Sammy D, Renzo Rose, Lj Cleary and more.

This Event will later be available at OTTonDemand.com

Cost of the weekend is €100

Min age is 16.

Please Note LJ Cleary Guest Coach April 26th and 28th

Milan Italy

VIA DONATORI DEL SANGUE

PERO (MILANO)

May 24th 8pm to 11pm

May 25th 10am to 6pm

OTT Contenders Live From Milan

8:30pm to 11:30pm

May 26th 8am to 4pm

Advanced Seminar only

Prices

100Euro Full Weekend Training

1 Day Seminar 40Euro

2 Day Seminar 80Euro

In association with Milan Wrestling Federation

Contenders 24 Live In Milan

A select number of advanced attendees will be selected to perform on OTT Contenders 24, which takes place on May 25th at 8:30pm

This Event will later be available at OTTonDemand.com

Coaches

Joe Cabray 20 years experience, WWE NXT, Over The Top Wrestling producer and creator

Paddy Morrow has 20 years experience. SOIW head coach.

LJ Cleary currently wrestling for Pro Wrestling Noah Japan,

Session Moth Martina has 10 years' experience. Formerly ROH, with experience in WWEUK, AEW and STARDOM Japan

Sean Guinness 20 year experience, 6 years with Zero One Japan, strength and conditioning coach

Aonghus Og McAnally, Irish Theatre/Movie actor, movies including Ps I love you, Vikings and Penny Dreadful. SOIW promo director (Ireland Seminar only)

Our last seminar had over 100 participants with people traveling from Canada, Spain, France, Germany, Israel, Italy and the UK. This seminar is also a great networking opportunity.

Some past attendees have gone on and worked OTT live events as well working shows abroad with connections made from these seminars.

Please note we have limited opportunities to perform on OTT Contenders 23 and 24. Participants may be selected based on what the show requires rather than outstanding performances at the camp.

Any questions, please let us know.

For those traveling there are a number of hostels close by.

If you wish to confirm, please respond to this email.



Best Regards

Joe Cabray

SOIW/OTT Wrestling